



Liability Release Form

Please sign and complete this form and send it to Arielle Thomas Newman at arielle@morethanyoga.com.

I, _____ (student name), by signing and returning this document, verify that I understand and am in agreement with the following in order to ensure the best possible outcome for myself and others in my Yoga By The Sea Teacher Training group:

I have purchased travel insurance (please check box if applicable)

I decline to purchase travel insurance travel for the period of time I will be travelling to and from Playa del Carmen as well as during my participation in Yoga by the Sea's Teacher Training with Arielle Thomas Newman (please check box if applicable)

1. By signing this document, I affirm that I will not hold Arielle Thomas Newman responsible for any missed class time or expenses incurred from or as a result of:

- Flight delays or cancellations and/or missed connections
- Illness or Injuries during the training
- Family or medical emergencies
- Tropical storms, hurricanes or other inclement weather conditions

2. I will not hold Arielle Thomas Newman or Yoga By The Sea responsible for any expenses incurred due to any additional travel. I understand that I am responsible for all expenses incurred for travel, accommodations and meals during the training.

3. In addition to this signed document, I have included a written statement of my physical limitations and history of injuries and/or general health. This statement includes any physical problems that I may need assistance with and/or would potentially limit my yoga in any way (allergies, medications, etc.)

4. I understand that if I or someone else disrupts the training due to any reason, this individual may be asked to withdraw from the training, in order for other students and teachers to continue in a physically, emotionally and mentally safe and healthy environment, without financial compensation, refund of tuition or reimbursement of airfare, lodging or expenses incurred.

6. I understand that I am responsible for having all the required texts with me at the beginning of the training as well as having a working computer with me on which I can access Microsoft Word files. If I do not bring a computer with me, I understand that I will be still be expected to keep up with all assignments and reading that may be presented to me in electronic form, on a CD, or via USB thumb drive. I confirm that I will access a computer at my accommodations or at an internet café and not having a computer or printer, will not interfere nor compromise my participation in the training program.

Name:

E-mail address:

Signature:

Date of Signature:

Dates of Travel: